



Endocrine Society of India
Rajasthan Affiliate

RAJ ESICON 2024

2nd ANNUAL MEETING OF ENDOCRINE SOCIETY OF INDIA RAJASTHAN AFFILIATE

24th-25th August 2024 | Venue: Rajasthan International Centre, Jaipur



Discover the Colors
and Culture of
JAIPUR



SCIENTIFIC PROGRAMME



DAY 1 - 24TH AUGUST - SATURDAY - JAIGARH HALL

9:00 AM Onwards	REGISTRATION	
9:20 AM	Lamp Lighting	
SESSION 1	Diabetes Symposium	
	Chairpersons: <i>Puneet Saxena, Srikant Sharma, SS Dariya, Rajendra Singh Tanwar</i>	
9:30 - 9:50 AM	Precision Insulin Management: Maximizing Gen 2.0 Basal Insulin Across Patient Populations	<i>Prem Prakash Patidar</i>
9:50 - 10:10 AM	Navigating Pregnancy with Diabetes	<i>Ronak Gandhi</i>
SESSION 2	Diabetes Symposium	
	Chairpersons: <i>CL Nawal, Abhishek Agarwal, Dilip Wadhvani, Rajnish Saxena</i>	
10:20 - 10:40 AM	The Art of Glycemic Balance, Customized Basal Insulin Optimization	<i>Ankur Gahlot</i>
10:40 - 11:00 AM	Intermittent Fasting - Myths, Facts and Practical Tips	<i>DC Sharma</i>
SESSION 3	PLENARY	
	Chairpersons: <i>Sudhir Mehta, DP Bansal, Leeneshwar Harshvardhan, SK Sharma</i>	
11:10 - 11:40 AM	The Hidden Challenge: Understanding Subclinical Cushings Syndrome	<i>SK Singh</i>
SESSION 4	Diabetes Symposium	
	Chairpersons: <i>S Banerjee, MK Agarwal, Anil Agarwal, Prasang Garg</i>	
11:50 - 12:10 AM	Moving Towards Newer Diabetes Paradigm with Combination	<i>Jay Chordia</i>
12:10 - 12:30 PM	Navigating Insulin Intensification, Practical Solution with Biosimilar Aspart	<i>Mona Dhingra</i>
SESSION 5	PLENARY	
	Chairpersons: <i>Rajeev Bhargava, Ganpat Deopura, Ashutosh Chaturvedi, Sandeep Mathur</i>	
12:40 - 1:10 PM	Approach to Osteoporosis: Physician's Perspective	<i>Anil Bhansali</i>
1:10 - 1:50 PM	INAUGURATION	
1:50 - 2:30 PM	LUNCH	
SESSION 6	Diabetes Symposium	
	Chairpersons: <i>Puneet Rijhwani, Sujata Agarwal, Vijay Sharma, Deepak Gupta</i>	
2:30 - 2:50 PM	Optimizing ASCVD Prevention in High-Risk Individuals of Diabetes with Peripheral Arterial Disease	<i>Ashu Rastogi</i>
2:50 - 3:10 PM	Exploring Non- Diabetic Hypoglycemia: A Clinical Perspective	<i>Laxmi Nagendra</i>

SESSION 7	PCOS Symposium	
	Chairpersons: <i>Nupur Loria, Hemlata Patidar, Seema Mehta, Mona Dhingra</i>	
3:15 - 3:35 PM	Current Guidelines in Diagnosis & Management of PCOS	<i>Shehla Sheikh</i>
3:35 - 3:55 PM	Hirsutism and Polycystic Ovary Syndrome: A Close Link	<i>Sachin Chittawar</i>
3:55 - 4:15 PM	PCOS Mimics	<i>Naincy Purwar</i>
SESSION 8	Obesity Symposium	
	Chairpersons: <i>Rajesh Bhojwani, Ram Daga, Amit Mathur, Surendra Agarwal</i>	
4:20 - 4:40 PM	Medical Management of Obesity	<i>Balram Sharma</i>
4:40 - 5:00 PM	Surgical management of Obesity: Indications, Benefits & Complications	<i>Ajay Shah</i>
SESSION 9	Nodules in Endocrinology Symposium	
	Chairpersons: <i>Alok Mathur, Raman Sharma, Praveen Gupta, Kamal Kaswan</i>	
5:05 - 5:25 PM	Management of Solitary Thyroid Nodule	<i>Prakash Keswani</i>
5:25 - 5:45 PM	Approach to Adrenal Mass	<i>SK Sharma</i>
SESSION 10	Critical Care Symposium	
	Chairpersons: <i>PD Meena, Priya Goyal, AK Sharma, Rajshekhar Yadav</i>	
5:50 - 6:10 PM	Diagnosis & Treatment of Adrenal Insufficiency in Hospitalized Patients	<i>Ravindra Shukla</i>
6:10 - 6:30 PM	Hyponatremia in the ICU: Clinician's Role	<i>Deepak Gupta (Endo)</i>

DAY 1 - 24TH AUGUST - SATURDAY- NAHARGARH HALL

9:00 AM Onwards	REGISTRATION
SESSION 1	FREE PAPER PRESENTATION
9:30 - 11:30 AM	8 Papers of 10 minutes each
SESSION 2	MEDICINE QUIZ
11:30 - 1:30 PM	Ronak Gandhi, Abhishek Prakash, Ankit Manglunia
1:10 - 1:50 PM	INAUGURATION (IN JAIGARH HALL)
2:00 - 2:30 PM	LUNCH
SESSION 3	POSTER PRESENTATIONS
2:30 - 4:00 PM	5 minutes for Each Poster
SESSION 4	Endocrine QUIZ
4:00 - 5:30 PM	Rahul Sahlot, Suchitra Yadav, Anamika Gora
8:00 PM Onwards	GALA DINNER

DAY 2 - 25TH AUGUST - SUNDAY - JAIGARH HALL

9:00 AM Onwards	REGISTRATION	
SESSION 1	Thyroid Symposium	
	Chairpersons: <i>Virendra Agrawal, Dheeraj Verma, Pushplata Agroiya, Hema Singh</i>	
9:30 - 9:50 AM	Practical Approach to Thyrotoxicosis	<i>Hardev Nehra</i>
9:50 - 10:10 AM	Recent Advances in Management of Thyroid Eye Disease	<i>Vinod Bokadia</i>
SESSION 2	PLENARY	
	Chairpersons: <i>SD Sharma, Arjun Verma, Varsha Bundeale, DC Sharma</i>	
10:20 - 10:50 AM	A Clinical Approach to Ambiguous Genitalia	<i>Narendra Kotwal</i>
SESSION 3	PLENARY	
	Chairpersons: <i>Mukesh Sarna, Sanjay Mehndiratta, Pradeep Agarwal, Deepak Gupta (Endo)</i>	
11:00 - 11:30 AM	Unmasking Secondary Hypertension: Clinical Challenges & Solutions	<i>Rajesh Khadgawat</i>
SESSION 4	Diabetes Symposium	
	Chairpersons: <i>Pradyumn Sharma, Prem Shankar Pipliwal, Kishore Moolrajani JB Gupta</i>	
11:40 - 12:00 PM	Very High Insulin Requiring Situations	<i>Sailesh Lodha</i>
12:00 - 12:20 PM	Tailoring Diabetes Therapy - Role of Degludeg and its Coformulation	<i>Mukul Gupta</i>
SESSION 5	Diabetes Symposium	
	Chairpersons: <i>Sunil Mahawar, Puneet Gupta, Govind Sharma, Basant Sharma</i>	
12:30 - 12:50 PM	Treating prediabetes: Why and How should We Do It?	<i>Ashish Jangir</i>
12:50 - 1:10 PM	Diabetes in Lean Adults	<i>Nimisha Jain</i>
SESSION 6	Mixed Bag Symposium	
	Chairpersons: <i>Anchin Kalia, SP Patidar, Aditya Soral, RK Bhimwal</i>	
1:20 - 1:40 PM	Abuse of Performance Enhancing Androgenic drugs: Diagnosis and Management	<i>Ankit Manglunia</i>
1:40 - 2:00 PM	Diagnosis of Acromegaly: Clinical Insights and Advances	<i>Yashaswi Pathak</i>

DAY 2 - 25TH AUGUST - SUNDAY- NAHARGARH HALL

9:00 AM Onwards	REGISTRATION	
SESSION 1	Ped-Endocrine Symposium	
	Chairpersons: <i>Ashok Gupta, Parag Goyal, Mayank Gupta, Balram Sharma</i>	
9:30 - 9:50 AM	Approach to Rickets	<i>Parth Jethwani</i>
9:50 - 10:10 AM	Micropenis: Assessment and Evaluation	<i>Abhishek Prakash</i>
10:10 - 10:30 AM	The Concept of Turner Spectrum Disorder	<i>Sandeep Mathur</i>
SESSION 2	Diabetes Symposium	
	Chairpersons: <i>Omprakash Khoja, Vijay Kapoor, BL Saini, Deepak Gupta (MGH)</i>	
10:35 - 10:55 AM	Monogenic Diabetes: Insights for Physicians	<i>Saptarshi Bhattacharya</i>
10:55 - 11:15 AM	Exploring the Cardiometabolic Impact of Oral Semaglutide in Type 2 Diabetes	<i>Ashish Sehgal</i>
SESSION 3	PLENARY	
	Chairpersons: <i>Ramji Sharma, Sandeep Arora, Tara Prakash Sharma, Ajay Shah</i>	
11:20 - 11:50 AM	Individualizing Thyroid Hormone Replacement Therapy	<i>Sarita Bajaj</i>
SESSION 4	Mixed Bag Symposium	
	Chairpersons: <i>Anil Samaria, Rajeev Soni, Ravikant Porwal, Jay Chordia</i>	
11:55 - 12:15 PM	Medicolegal Aspects in Clinical Practice	<i>Praveen Ramchandra</i>
12:15 - 12:35 PM	Erectile Dysfunction: Assessment and Approach	<i>Sandeep Kansara</i>
SESSION 5	MASLD Symposium	
	Chairpersons: <i>Gopal Khandelwal, RS Khedar, Praladh Dhakkar, Sudhir Kumar Vyas</i>	
12:40 - 1:00 PM	Diabetes Dyslipidemia: Beyond Statins	<i>RK Sharma</i>
1:00 - 1:20 PM	MASLD and DM: Are They Two Sides of Same Coin?	<i>Sanjay Saran</i>
SESSION 6	Surgical Endocrine Symposium	
	Chairpersons: <i>Satish Jain, Sandeep Jasuja, Pawan Singhal, Ankur Gahlot</i>	
1:25 - 1:50 PM	Thyroid Nodule: Surgical vs Medical Approach	<i>Deependra Singh</i>
		<i>Sakshi Gagneja</i>
1:50 - 2:10 PM	Surgical Challenges During Focused Parathyroidectomy	<i>Anukriti Sood</i>
2:10 - 2:30 PM	Contemporary Strategies for Managing Differentiated Thyroid Cancer	<i>Sapna Bothra</i>
2:30 PM	VALEDICTORY (HALL-A) and LUNCH	

NOTE

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